



What Are Bystanders?

Hurtful Bystanders

Initiate the bullying by encouraging the bully to start.

Encourage the bullying by laughing, cheering, or making comments that further boost the bully. And other bystanders **join in** the bullying once it has begun.

Passively accept bullying by watching and doing nothing. Often without realizing it, these bystanders add to the problem. Passive bystanders provide the audience a bully wants and the silent acceptance that allows them to continue their hurtful behavior.

Helpful Bystanders

Directly intervene by discouraging the bully, defending the victim, or redirecting the situation away from bullying.

Get help by rallying support from peers to stand up against bullying or by reporting the bullying to adults.

Bystanders
have the power
to prevent or
stop bullying.



Types of Sexual Violence

Physical

Punching, hitting, slamming, socking, spitting, slapping



Verbal

Saying put-downs, nasty statements, name calling, taunting, racial slurs, hurtful comments, threatening



Emotional

Shunning, excluding, spreading rumors or mean gossip, ruining your reputation

Electronic or Cyber-Bullying

Using the Internet, cell phone, camera, text messages or photos to say mean or embarrassing things



Sexual

Saying or doing things that are lewd or disrespectful in a sexual way

If you see it, stop it.

